

CB-BK WE1 2026: Session: 4: COACH evaluation sheet for TEAM: ISWIM

Coachinfo: Warming up from: 12:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: VAN DRIESSE BRITT

Coaches: LEPLA MARTINE

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 200M MEDLEY MEN 13-14					Heat:5, starttime: 14:43
Heat: 5/17 Lane : 3 Athlete: DE BRUYNE SANDER					Q-time: 02:46:37
PB (50m pool): 02:46.37 Gent 08/02/2026					PB (25m pool): 02:58.76 SB: 02:46.37 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.84	01:18.11	02:09.08	02:46.37	
	00:34.84	00:43.27	00:50.97	00:37.29	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 13-14					Heat:7, starttime: 14:50
Heat: 7/17 Lane : 2 Athlete: MEUL RUNE					Q-time: 02:43:76
PB (50m pool): 02:43.76 Antwerpen 19/04/2026					PB (25m pool): 03:01.94 SB: 02:43.76 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.74	01:20.59	02:06.20	02:43.76	
	00:36.74	00:43.85	00:45.61	00:37.56	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 13-14					Heat:10, starttime: 14:59
Heat: 10/17 Lane : 1 Athlete: BERVILLE BRICE					Q-time: 02:38:59
PB (50m pool): 02:38.59 Antwerpen 19/04/2026					PB (25m pool): 02:46.75 SB: 02:38.59 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.84	01:16.81	02:02.60	02:38.59	
	00:32.84	00:43.97	00:45.79	00:35.99	
					

Coach feedback:

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Event number: 24: 200M MEDLEY MEN 13-14					Heat:15, starttime: 15:15
Heat: 15/17 Lane : 5 Athlete: CLAEYS YBO					Q-time: 02:31:48
PB (50m pool): 02:31.48 Antwerpen 08/03/2026			PB (25m pool): 02:33.74 SB: 02:31.48 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.28	01:12.51	01:56.92	02:31.48	
	00:33.28	00:39.23	00:44.41	00:34.56	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 13-14					Heat:16, starttime: 15:18
Heat: 16/17 Lane : 6 Athlete: VINCENT RUNE					Q-time: 02:28:84
PB (50m pool): 02:28.84 Gent 08/02/2026			PB (25m pool): 02:28.35 SB: 02:28.84 Gent 08/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.48	01:09.82	01:55.46	02:28.84	
	00:31.48	00:38.34	00:45.64	00:33.38	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 13-14					Heat:16, starttime: 15:18
Heat: 16/17 Lane : 8 Athlete: HAUSPIE NIEL					Q-time: 02:31:08
PB (50m pool): 02:31.08 Antwerpen 08/03/2026			PB (25m pool): 02:31.30 SB: 02:31.08 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.60	01:13.53	01:56.47	02:31.08	
	00:32.60	00:40.93	00:42.94	00:34.61	
					

Coach feedback:

Event number: 26: 100M FREESTYLE MEN 11-12					Heat:5, starttime: 15:39
Heat: 5/14 Lane : 4 Athlete: ROGIERS JACK					Q-time: 01:13:84
PB (50m pool): 01:13.84 Antwerpen 08/03/2026			PB (25m pool): 01:13.45 SB: 01:13.84 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M			
PB	00:35.68	01:13.84			
	00:35.68	00:38.16			
					

Coach feedback:

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Event number: 26: 100M FREESTYLE MEN 11-12				Heat:8, starttime: 15:44			
Heat: 8/14 Lane : 1 Athlete: DE BRUYNE SENNE				Q-time: 01:12:51			
PB (50m pool): 01:12.51 Lago Kortrijk Weide 03/05/2026				PB (25m pool): 01:14.69 SB: 01:12.51 Lago Kortrijk Weide 03/05/2026			
	5 0 M	1 0 0 M					
PB	00:34.87	01:12.51					
	00:34.87	00:37.64					
							

Coach feedback:

Event number: 27: 400M FREESTYLE WOMEN 11-12							Heat:2, starttime: 16:03	
Heat: 2/15 Lane : 5 Athlete: SEYS LOUISE							Q-time: 05:51:73	
PB (50m pool): 05:51.73 Gent 08/02/2026				PB (25m pool): 05:56.75SB: 05:51.73 Gent 08/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:38.89	01:23.20	02:09.85	02:54.44	03:39.55	04:24.79	05:09.83	05:51.73
	00:38.89	00:44.31	00:46.65	00:44.59	00:45.11	00:45.24	00:45.04	00:41.90
								

Coach feedback:

Event number: 27: 400M FREESTYLE WOMEN 11-12							Heat:6, starttime: 16:28	
Heat: 6/15 Lane : 8 Athlete: BEELE SAAR							Q-time: 05:42:75	
PB (50m pool): 05:42.75 Gent 08/02/2026				PB (25m pool): 06:00.29SB: 05:42.75 Gent 08/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:38.04	01:20.31	02:04.72	02:49.75	03:33.59	04:18.01	05:01.24	05:42.75
	00:38.04	00:42.27	00:44.41	00:45.03	00:43.84	00:44.42	00:43.23	00:41.51
								

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14				Heat:1, starttime: 17:28			
Heat: 1/8 Lane : 6 Athlete: CLAEYS YBO				Q-time: 01:04:66			
PB (50m pool): 01:04.66 Antwerpen 08/03/2026				PB (25m pool): 01:03.33 SB: 01:04.66 Antwerpen 08/03/2026			
	5 0 M	1 0 0 M					
PB	00:30.68	01:04.66					
	00:30.68	00:33.98					
							

Coach feedback:

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Event number: 28: 100M FREESTYLE MEN 13-14				Heat:6, starttime: 17:35			
Heat: 6/8 Lane : 3 Athlete: HAUSPIE NIEL				Q-time: 01:00:52			
PB (50m pool): 01:00.52 MOUSCRON 25/05/2026				PB (25m pool): 01:02.03 SB: 01:00.52 MOUSCRON 25/05/2026			
	5 0 M	1 0 0 M					
PB	00:29.66	01:00.52					
	00:29.66	00:30.86					
							

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14				Heat:8, starttime: 17:38			
Heat: 8/8 Lane : 2 Athlete: VINCENT RUNE				Q-time: 00:57:50			
PB (50m pool): 00:57.50 Antwerpen 19/04/2026				PB (25m pool): 00:58.59 SB: 00:57.50 Antwerpen 19/04/2026			
	5 0 M	1 0 0 M					
PB	00:27.64	00:57.50					
	00:27.64	00:29.86					
							

Coach feedback:

Event number: 31: 4x100M MEDLEY MEN 13-14						Heat:2, starttime: 18:37		
Heat: 2/2 Lane : 3 Athlete: TEAM ISWIM 2						Q-time: 04:38:09		
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: